## Contents

SI. No.	Subject	Page
1.	<b>Editorial</b> Embracing diversity, ensuring equity: Holistic sexual health for a sustainable future	1-3
2.	Guest Editorial Sexual and reproductive health in the changing world: How close are the SDGs?	4-8
3.	Original Article Knowledge, attitude and practices of sex and sexuality among young adults in Delhi-NCR	9-23
4.	Original Article Exploring young men's knowledge and perspectives on menstruation in Cis-women	24-38
5.	Original Article Impact of menopausal symptoms on sexual functioning among Indian women	39-52
6.	Original Article Exploring shame and guilt among gender diverse population: A qualitative approach	53-67
7.	Original Article	
	Couple relationship experiences: A gender-based approach	68-76
8.	Review Article  Herbal elixirs of desire: Herbal aphrodisiacs in pursuit of sustainable development goals	77-85
9.	Review Article  The transformative influence of sustainable development on sexual health	86-100
10.	Review Article Sexual health and the SDGs: Opportunities and challenges	101-110
11.	Commentary Cultivating a strong emotional efficacy and favourable attitude towards marriage: Trajectory to fulfilling sexual wellbeing among married couples	111-116
12.	Commentary Persons with mental disability and marriage	117-120